

MI Consistent Items	MI Inconsistent Items
MI Style of Spirit	Unsolicited Advice, Directions, Feedback
Asking open-ended questions	Emphasize Abstinence
Affirmation of Strengths and Change Efforts	Direct Confrontation
Reflective Statements	Powerlessness, loss of Control
Fostering Collaborative Atmosphere	Asserting Authority
Identify Motivation to Change	Closed-ended Questions
Developing Discrepancies	
Pros, Cons and Ambivalence	
Change Planning Discussion	
Client-Centered problem Discussion and Feedback	