

Medicaid rules are changing

Starting July 1, 2026, Montana Medicaid has new work and volunteer rules.

If you are a healthy adult ages 19–64 with Montana Medicaid,
you must complete 80 hours of approved activities each month
unless you qualify for an exemption.



Act now: Don't risk losing your benefits

Keep your contact information up to date

Update your contact information with the state of Montana to get important information by mail, email, or text.

Create a self-service portal account online

View information about your renewal date, apply for benefits and upload documents through your online account.

Scan the QR code or go to apply.mt.gov

