



**HIPAA PASS**

**Privacy and Security Solutions**

## **CURES Act Compliance: Prevent Information Blocking**

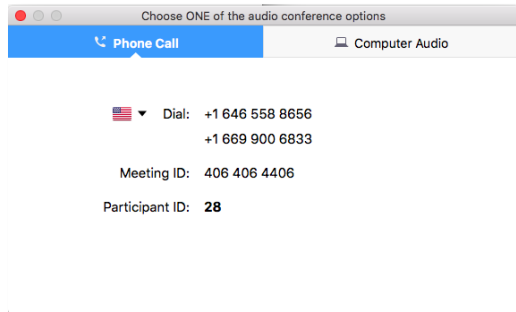
**Presented by Susan Clarke**

**Health Care Information Security and Privacy Practitioner**

**Thursday, February 18 | 10:00 - 11:00 a.m.**



# Zoom tips and tricks!

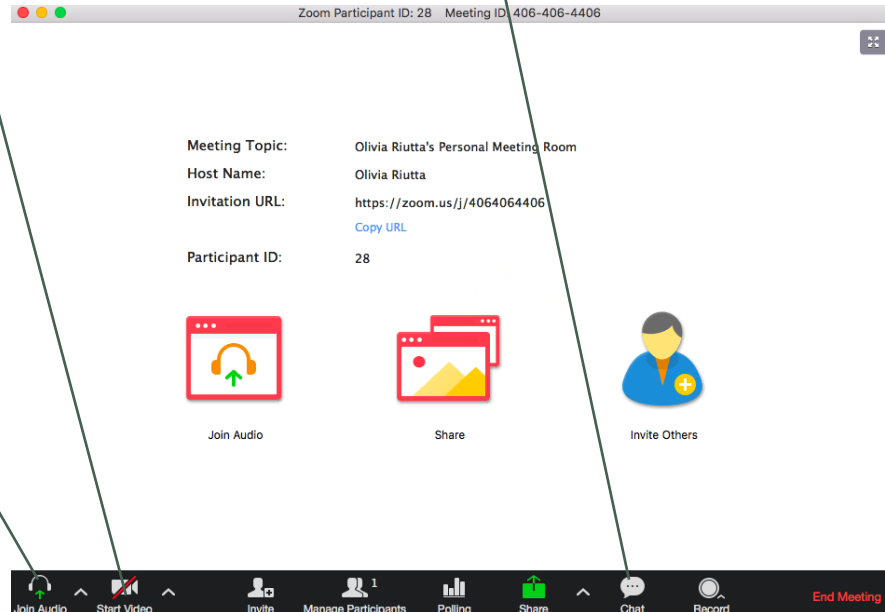


**AUDIO:** You can use your computer speakers or your phone for audio. The phone is generally better quality. If you click "Join Audio," this "Choose one..." box will pop up. If you dial in, just make sure you include your audio code.

**MUTE/UNMUTE:** \*6 or click the mic on the bottom left of your screen.



**VIDEO:** We want to see you!  
If your camera isn't on, start your video by clicking here.



**CHAT:** Please jump in if you have something to share, but we also have this nifty chat function.

**ATTENDANCE:** If there are multiple attendees together on the call, please list the names and your location in the chat box

# Upcoming HCCN Sessions

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## TELEHEALTH TUESDAY SESSIONS

**3<sup>rd</sup> Tuesday of each month at 11:00 a.m.**

March 16: Telehealth Workflows and Staffing Optimization

April 20: Remote Patient Monitoring for Patient Care

May 18: Privacy and Security Considerations with Telehealth

## **CURES ACT COMPLIANCE: MANAGING RISK**

MARCH 10<sup>TH</sup> AT 11:00 AM

### **HIPAA Webinar Series with Susan Clarke**

Thursday, March 25 at 11:00 a.m.

Thursday, June 17 at 11:00 a.m.

Thursday, September 16 at 11:00 a.m.

Thursday, December 16 at 11:00 a.m.

## **Big Sky Care Connect Webinar**

March 4 at 1:00 PM

[Join Meeting Here](#)

Meeting ID: 820 8846 6487

Passcode: 4221078

[MPCA Events](#)



# Susan Clarke, HCISPP



(ISC)<sup>2</sup> Healthcare Information Security and Privacy Practitioner and Computer Scientist at Mountain-Pacific Quality Health.

Conducts privacy and security risk analysis in addition to HIPAA and 42 CFR, Part 2 training.

20 years' experience in health care operations.

10 years' design and coding EHR software including HL7 Healthcare application development.

Served on IT security, disaster recovery and joint commission steering committee at Mayo Clinic-affiliated health care system.

# Legal Disclaimer

*The presenter is not an attorney and the information provided is the presenter(s)' opinion and should not be taken as legal advice. The information is presented for informational purposes only.*

*Compliance with regulations can involve legal subject matter with serious consequences. The information contained in the webinar(s) and related materials (including, but not limited to, recordings, handouts, and presentation documents) is not intended to constitute legal advice or the rendering of legal, consulting or other professional services of any kind. Users of the webinar(s) and webinar materials should not in any manner rely upon or construe the information as legal, or other professional advice. Users should seek the services of a competent legal or other professional before acting, or failing to act, based upon the information contained in the webinar(s) in order to ascertain what is may be best for the users' patient needs.*



# Learning Objectives

1. What is 21<sup>st</sup> Century Cures Act?
2. What is information blocking and its impact on interoperability and privacy?
3. How will it affect your health center?
4. What your health center needs to be prepared
5. Resources available
6. Q&A

# Acronyms with Definitions

HHS: Department of Health and Human Services

ONC: Office of the National Coordinator

OIG: Office of Inspector General

EHI: Electronic Health Information

USCDI: United States Core Data for Interoperability Standard

CDA: Clinical Document Architecture

Direct: Secure messaging system used in health care

API: Application Programming Interface

FHIR: Fast Healthcare Interoperability Resource

ACCESS: To make EHI available for exchange, use, or both

EXCHANGE: EHI can be transmitted between and among different technologies, systems, platforms, or networks

USE: EHI to be understood and acted upon once accessed or exchanged



# Information Blocking



# 21st Century Cures Act



## ONC Final Rule

Interoperability,  
Information  
Blocking and  
ONC Health IT  
Certification  
Program



## CMS Final Rule

CMS  
Interoperability  
and Patient  
Access



## Effective Dates

60 days after publication  
the Federal Register  
Final Rule) and  
after  
information  
Blocking and  
January 1,  
(provisions of the  
CMS Final Rule)

**Now April 5, 2021**

# The Bigger Picture

The new rules are described by HHS as:



**“The most extensive health care data sharing policies** the federal government has implemented, **requiring both public and private entities to share health information** between patients and other parties **while keeping that information private and secure.**”



## 21<sup>st</sup> Century Cures Act:

Interoperability, Information  
Blocking, and the ONC Health  
IT Certification Program

[Learn More](#)

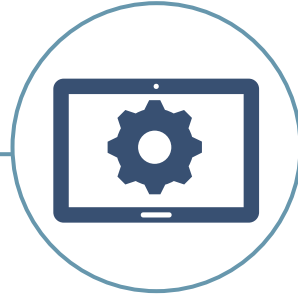
Putting the Patient First!

<https://www.healthit.gov/curesrule/>

# Who is covered?



Health care  
providers

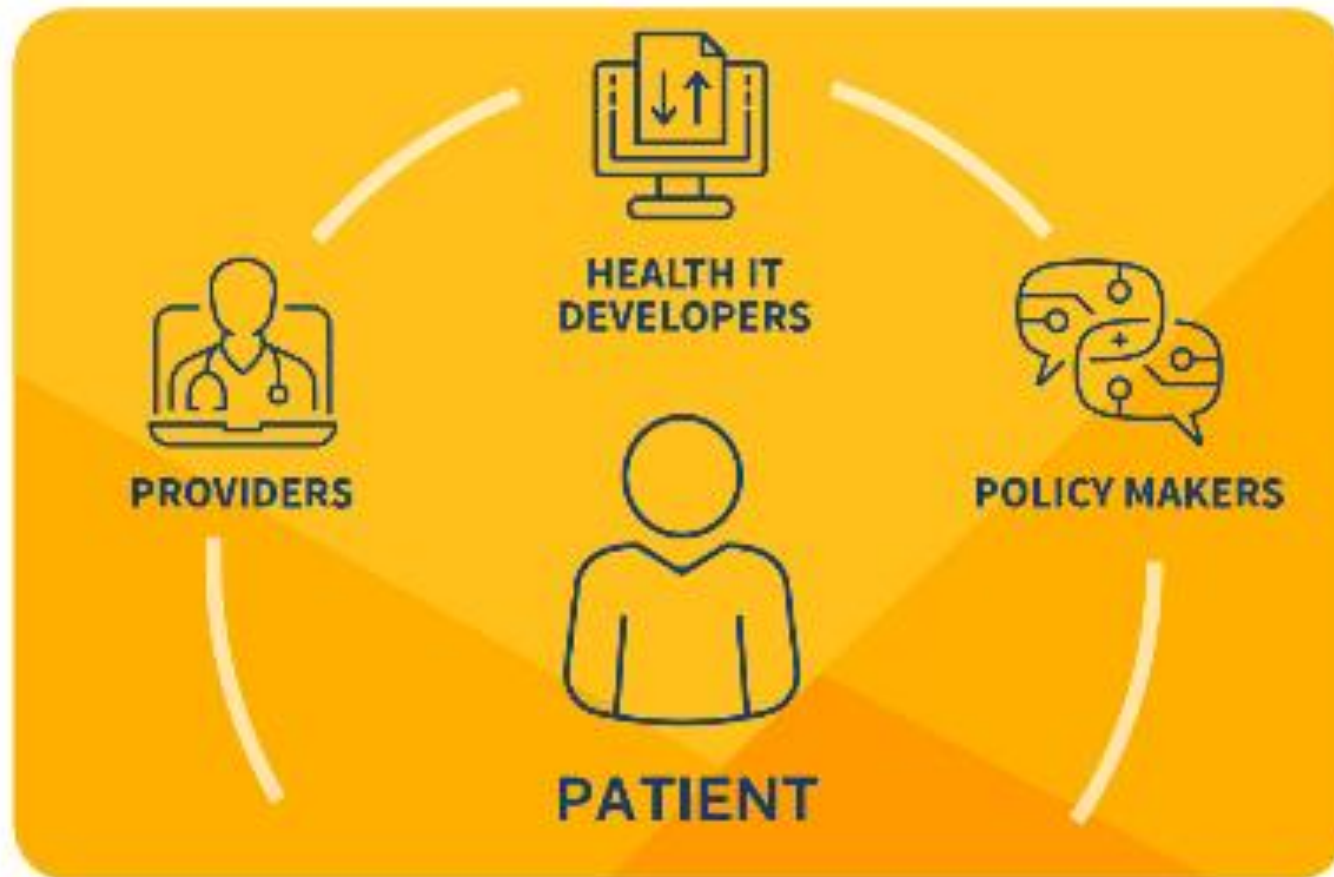


Health IT  
developers  
of certified  
health IT



Health Information  
Networks (HINs)/  
Health Information  
Exchanges (HIEs)

# Who is impacted?



<https://www.healthit.gov/curesrule/>

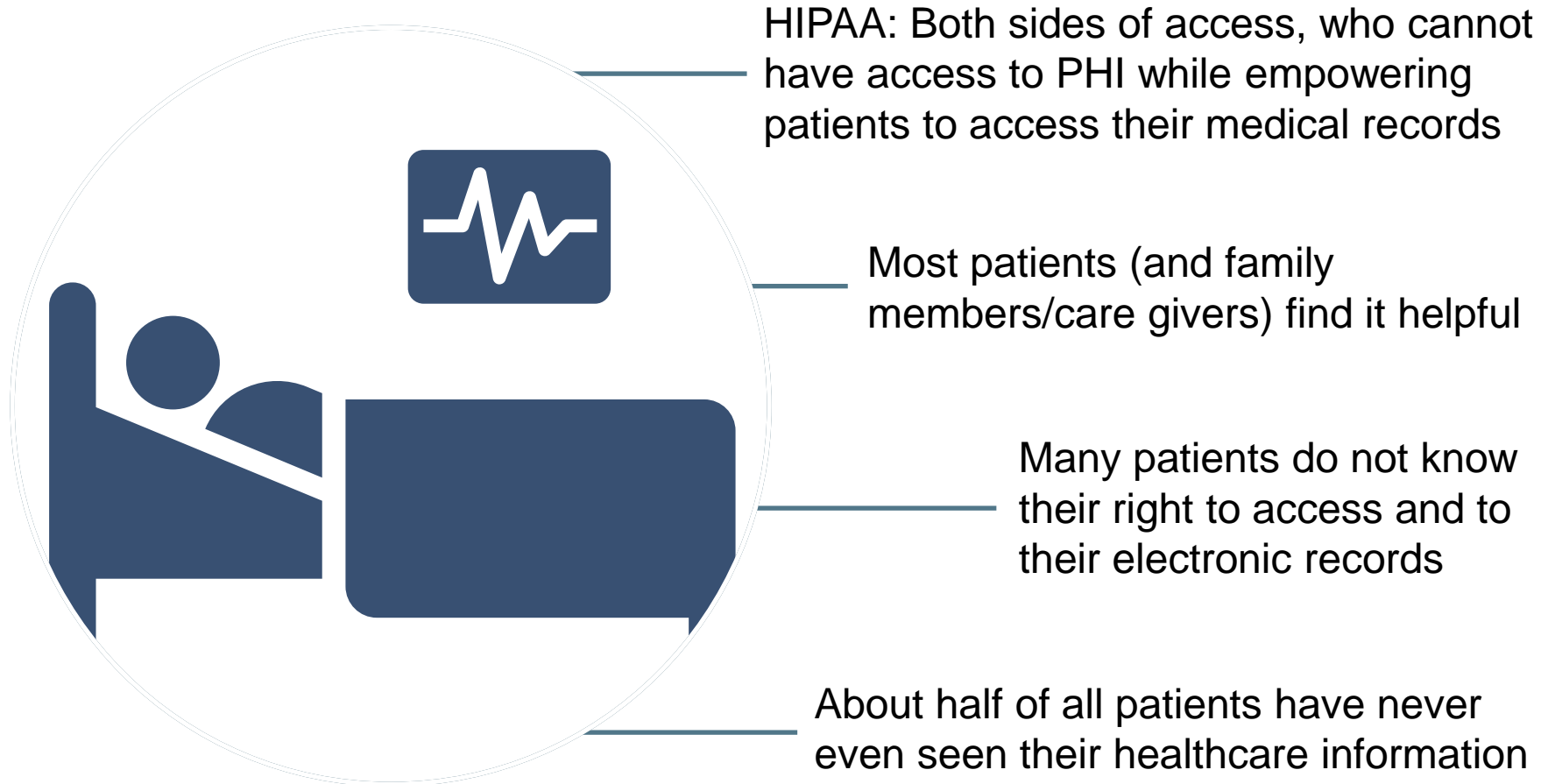
# What is information blocking?

## 45 CFR, Part 171.103

- ✓ Information blocking – Practice likely to interfere with access, exchange and use of EHI
- ✓ If provider knows such a practice is unreasonable and likely to interfere
- ✓ Before Oct 6, 2022, limited to EHI identified by United States Core Data for Interoperability (USCDI)



# Patient Facts



# Become familiar with new patient education...

The Office of the National Coordinator for Health Information Technology

## Health IT: How to Keep Your Health Information Private and Secure

There are laws that protect the privacy of your health information held by those who provide you health care services. But as it becomes easier to get and share your own health information online, you need to take steps to protect it. This applies whether you are downloading a copy of your health information via Blue Button (see [healthit.gov/bluebutton](http://healthit.gov/bluebutton) for details), emailing your doctor, taking an online health survey, or using a variety of digital apps or devices to monitor your health.

### Does HIPAA Protect All Health Information?

No. You may have heard about the Health Insurance Portability and Accountability Act (HIPAA) Privacy and Security Rules. These are federal laws that set national standards for protecting the privacy and security of health information. Health information that is kept by health care providers, health plans and organizations acting on their behalf is protected by these federal laws. However, you should know that there are many organizations that do not have to follow these laws.

Some examples of health information that is **not** covered by HIPAA include health information that patients:






- Store in a mobile app or on a mobile device, such as a smartphone or tablet.
- Share over social media websites or health-related online communities, such as message boards.
- Store in a personal health record (PHR) that is **not** offered through a health provider or health plan covered by HIPAA.

**85% of U.S. ADULTS** own a cell phone, and more than half are smartphone users.

Source: Pew Research Center's Internet and American Life Project.

[https://www.healthit.gov/sites/default/files/how\\_to\\_keep\\_your\\_health\\_information\\_private\\_and\\_secure.pdf](https://www.healthit.gov/sites/default/files/how_to_keep_your_health_information_private_and_secure.pdf)

# Health Care Provider Facts

-  Federal regulation – applies to all
-  Penalties are not yet finalized
-  How does your EHR protect information?
-  Electronic method of sharing
-  May share → must share

# Electronic Health Information (EHI)

Applies to any  
electronically stored  
PHI/EHI

Must be shared  
electronically if  
requested by  
patient

Consider your  
EHR's sensitive  
data

Unable to hold back  
entire problem list  
for one diagnosis

# Consequences of Being an Information Blocker

## Cures Act prescribes penalties for information blocking



Certified health IT developers, HINs and HIEs: Civil monetary penalties (CMPs) up to \$1 million per violation



Health care providers: Appropriate disincentives

## Certification ban for health IT developers in violation of Conditions of Certification



Information blocking Condition of Certification



Public listing of certification bans and terminations

# Information Blocking Exceptions

## Not fulfilling requests to access, exchange or use EHI



1. Preventing Harm Exception



2. Privacy Exception



3. Security Exception



4. Infeasibility Exception



5. Health IT Performance Exception

## Procedures for fulfilling requests to access, exchange or use EHI



6. Content and Manner Exception (USCDI)



7. Fees Exception (cost of providing access, exchange, use)



8. Licensing Exception (license interoperability)



# Preventing Harm Exception

**Information  
Blocking**



Engaging in practices reasonable and necessary to prevent harm to patient or another person, provided certain conditions are met

Practice must satisfy at least one condition from each category:

1

Type of  
Risk

2

Type of  
Harm

3

Implementation  
Basis

# Information Blocking FAQs

Filter by Tags:

Preventing Harm Exception

Filter

Reset

## Preventing Harm Exception

**Q: Where the patient is a minor and to avoid breaching the patient's confidentiality and trust with the provider, will the Preventing Harm Exception cover an actor's practices that interfere with a parent or legal representative's access, exchange, or use of the minor's EHI? \*1/15/2021\***



**Q: Do the Preventing Harm Exception requirements for the type of harm align with the HIPAA Rules? \*1/15/2021\***



**Q: Would the Preventing Harm Exception cover a "blanket" several day delay on the release of laboratory or other test results to patients so an ordering clinician can evaluate each result for potential risk of harm associated with the release? \*1/15/2021\***



**Q: Will the Preventing Harm Exception cover practices interfering with a patient's access, exchange, or use of their EHI only for the purposes of reducing an imminent or immediate risk of harm? \*1/15/2021\***



**Q: Where the patient is a minor and to reduce a risk of harm other than physical abuse, will the Preventing Harm Exception cover an actor's practices that interfere with a parent or legal guardian's access, exchange, or use of the minor's EHI? \*1/15/2021\***



# Privacy Exception



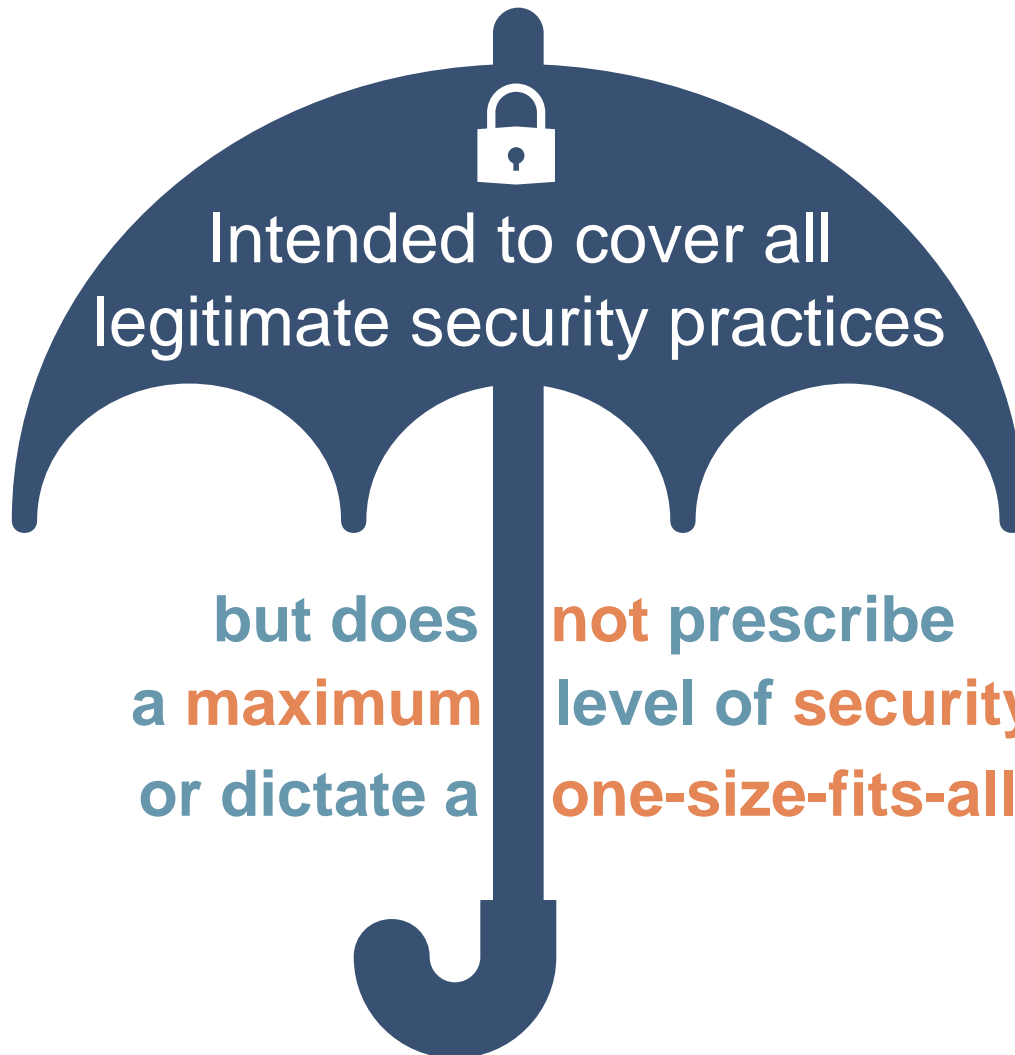
**If you can** provide access, exchange or use EHI under privacy law, **you should...**

**BUT**

Not in a way prohibited under state or federal privacy laws



# Security Exception



# Infeasibility Exception

Legitimate practical challenges may limit the ability to comply with requests for access, exchange or use of EHI.

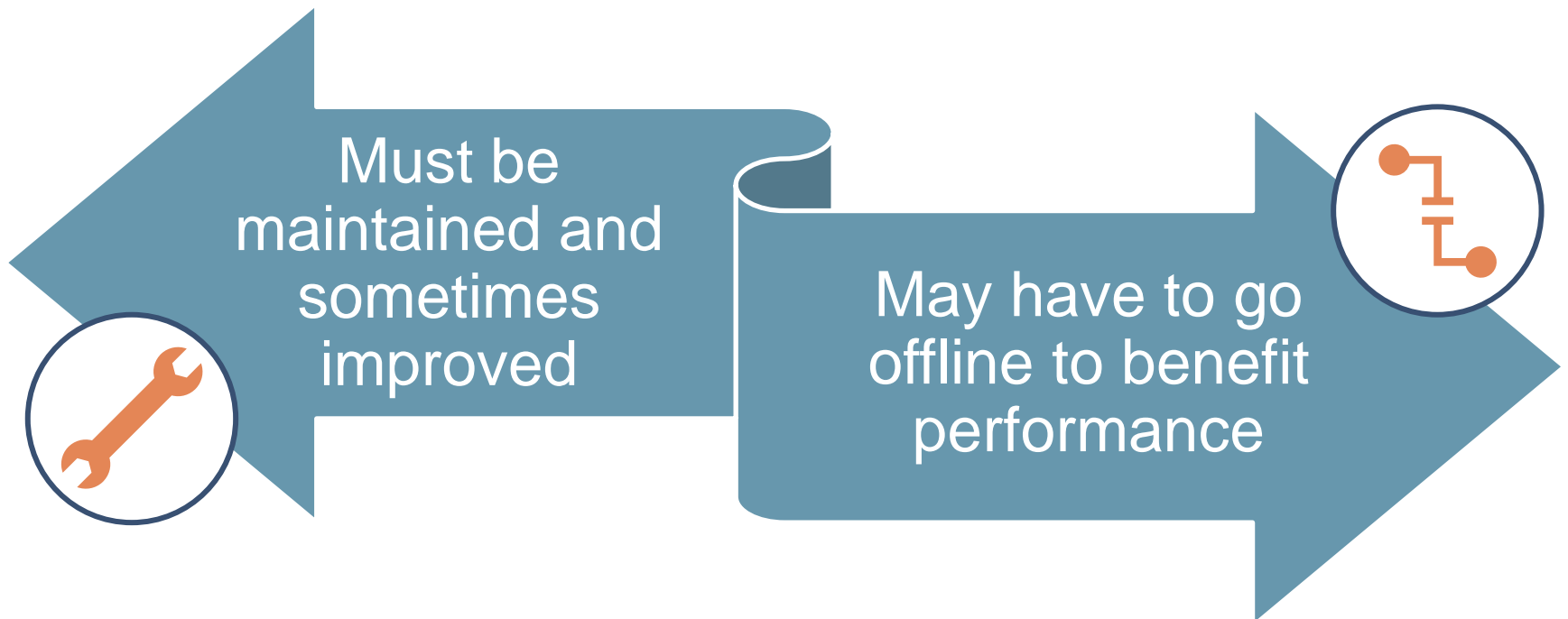


## For example:

May not have and may not be able to get required technological capabilities, legal rights or other means necessary to enable access, exchange or use

# Health IT Performance Exception

For health IT to perform properly and efficiently...





# Health IT Developers

Changes to these standards for functionality of health IT (EHRs) include...



Adoption of U.S. Core Data (USCD) for Interoperability standard...



To replace Common Clinical Data Set (CCDS)...



As default data classes and data elements...



Health IT users should expect to be able to change between systems

# USCDI ver 1

Please reference the [USCDI version 1 document](#) to the left for applicable standards versions associated with USCDI v1.



## Allergies and Intolerances

Represents harmful or undesirable physiological response associated with exposure to a substance.

Substance (Drug Class)  
Substance (Medication)  
Reaction



## Assessment and Plan of Treatment

Represents a health professional's conclusions and working assumptions that will guide treatment of the patient.

Assessment and Plan of Treatment



## Care Team Member(s)

The specific person(s) who participate or are expected to participate in the care team.

Care Team Member(s)



## Clinical Notes

Composed of both structured (i.e. obtained via pick-list and/or check the box) and unstructured (free text) data. A clinical note may include the history, Review of Systems (ROS), physical data, assessment, diagnosis, plan of care and evaluation of plan, patient teaching and other relevant data points.

Consultation Note  
Discharge Summary Note  
History & Physical  
Imaging Narrative  
Laboratory Report Narrative  
Pathology Report Narrative  
Procedure Note  
Progress Note



## Goals

An expressed desired health state to be achieved by a subject of care (or family/group) over a period of time or at a specific point of time

Patient's Goals



## Health Concerns

Health related matter that is of interest, importance, or worry to someone who may be the patient, patient's family or patient's health care provider.

Health Concerns



## Immunizations

Record of an administration of a vaccination or a record of a vaccination as reported by a patient, a clinician, or another party.

Immunizations



## Laboratory

Tests  
Values/Results



## Medications

Medications



## Patient Demographics

First Name  
Last Name  
Previous Name  
Middle Name (including middle initial)  
Suffix  
Birth Sex  
Date of Birth  
Race  
Ethnicity  
Preferred Language  
Current Address  
Previous Address  
Phone Number  
Phone Number Type  
Email Address



## Problems

Information about a condition, diagnosis, or other event, situation, issue, or clinical concept that is documented.

Problems



## Procedures

An activity that is performed with or on a patient as part of the provision of care.

Procedures



## Provenance

The metadata, or extra information about data, that can help answer questions such as when and who created the data.

Author Time Stamp  
Author Organization



## Smoking Status

Classification of a patient's smoking behavior.

Smoking Status



## Unique Device Identifier(s) for a Patient's Implantable Device(s)

A unique numeric or alphanumeric code that consists of a device identifier (DI) and a production identifier (PI).

Unique Device Identifier(s) for a patient's implantable device(s)



## Vital Signs

Physiologic measurements of a patient that indicate the status of the body's life sustaining functions.

Diastolic blood pressure  
Systolic blood pressure  
Body height  
Body weight  
Heart Rate  
Respiratory rate  
Body temperature  
Pulse oximetry  
Inhaled oxygen concentration  
BMI Percentile (2 - 20 years)  
Weight-for-length Percentile (Birth - 36 Months)  
Head Occipital-frontal Circumference Percentile (Birth - 36 Months)

# USCDI ver 1



## Clinical Notes

Composed of both structured (i.e. obtained via pick-list and/or check the box) and unstructured (free text) data. A clinical note may include the history, Review of Systems (ROS), physical data, assessment, diagnosis, plan of care and evaluation of plan, patient teaching and other relevant data points.

Consultation Note

Discharge Summary Note

History & Physical

Imaging Narrative

Laboratory Report Narrative

Pathology Report Narrative

Procedure Note

Progress Note

Overview

What It Means for Me

Final Rule Policy

Resources

Fact Sheets

Webinars

Media/Press

Blog Posts

View Final Rules

**Information Blocking  
FAQs**

# Information Blocking FAQs

Filter by Tags:

Interference

Filter

Reset

## Interference

**Q: Do the information blocking regulations (45 CFR Part 171) require actors to proactively make electronic health information (EHI) available through “patient portals,” application programming interfaces (API), or other health information technology? \*1/15/2021\***

+

**Q: Are actors (for example, health care providers) expected to release test results to patients through a patient portal or application programming interface (API) as soon as the results are available to the ordering clinician? \*1/15/2021\***

+

**Q: Is it information blocking when state law requires a specific delay in communication of EHI, or that certain information be communicated to the patient in a particular way, before the information is made available to the patient electronically? \*1/15/2021\***

+

**Q: When a state or federal law or regulation, such as the HIPAA Privacy Rule, requires EHI be released by no later than a certain date after a request is made, is it safe to assume that any practices that result in the requested EHI’s release within that other required timeframe will never be considered information blocking? \*1/15/2021\***

+

**Q: Will educating patients about the privacy and security risks posed by third-party apps that the patient chooses be considered interference?**

+

**Q: Do the information blocking regulations require actors to violate existing business associate agreements in order to not be considered information blockers?**

+



# Alignment with HIPAA

The 21<sup>st</sup> Century Cures Act final rule is designed to operate in a manner consistent with the framework of the HIPAA Privacy Rule and other laws providing privacy rights for patients. Foremost, they do not require the disclosure of EHI in any way that would not already be permitted under the HIPAA Privacy Rule (or other Federal or State law).

Source=25812 Federal Register / Vol. 85, No. 85 / Friday, May 1, 2020 / Rules and Regulations



# Alignment with HIPAA

## Information Blocking FAQs – Preventing Harm Exception

### **Q: Do the Preventing Harm Exception requirements for the type of harm align with the HIPAA Rules?**

Yes. The Preventing Harm Exception's *type of harm* condition relies on the same types of harm that serve as grounds for reviewable denial of an individual's right of access under the Privacy Rule ([45 CFR 164.524](#)). (See ONC Cures Act Final Rule preamble [Table 3—Mapping of Circumstances Under § 171.201\(d\) to Applicable Harm Standards](#).) In most instances, including where a practice interferes with a patient's own or the patient's other health care providers' legally permissible access, exchange, or use of the patient's electronic health information (EHI), coverage under the Preventing Harm Exception requires that the risk be of

<https://www.healthit.gov/curesrule/resources/information-blocking-faqs?options=23ec10bf-a1b0-4115-aa32-e01e63c7098e>



# Compliance Tips



Like HIPAA, do annual privacy and security risk analysis



Both require policies and procedures; identify gaps and develop plan to address them



Plan is not a once and done



Part of new work: information blocking compliance officer



Use most restrictive law

# Getting Prepared



## Identify Team Lead

- Become educated and stay informed
- Ensure team alignment
- Do mock drill to practice
- Empower patients
- Continuous improvement



## Policies and Procedures

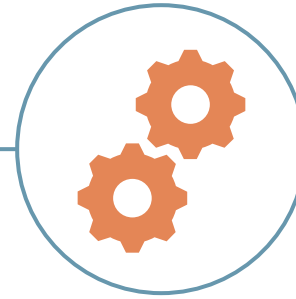
- Patient access/record requests
- Amendment of patient records
- Notice of privacy practices
- Staff training on responding to patient requests for EHI
- Review BAAs

# Getting Prepared



## EHR

- In-depth review of sensitive EHI
- IMPORTANT--patient portal
- HIE and HIN relationship
- Identify receiving EHI blocking



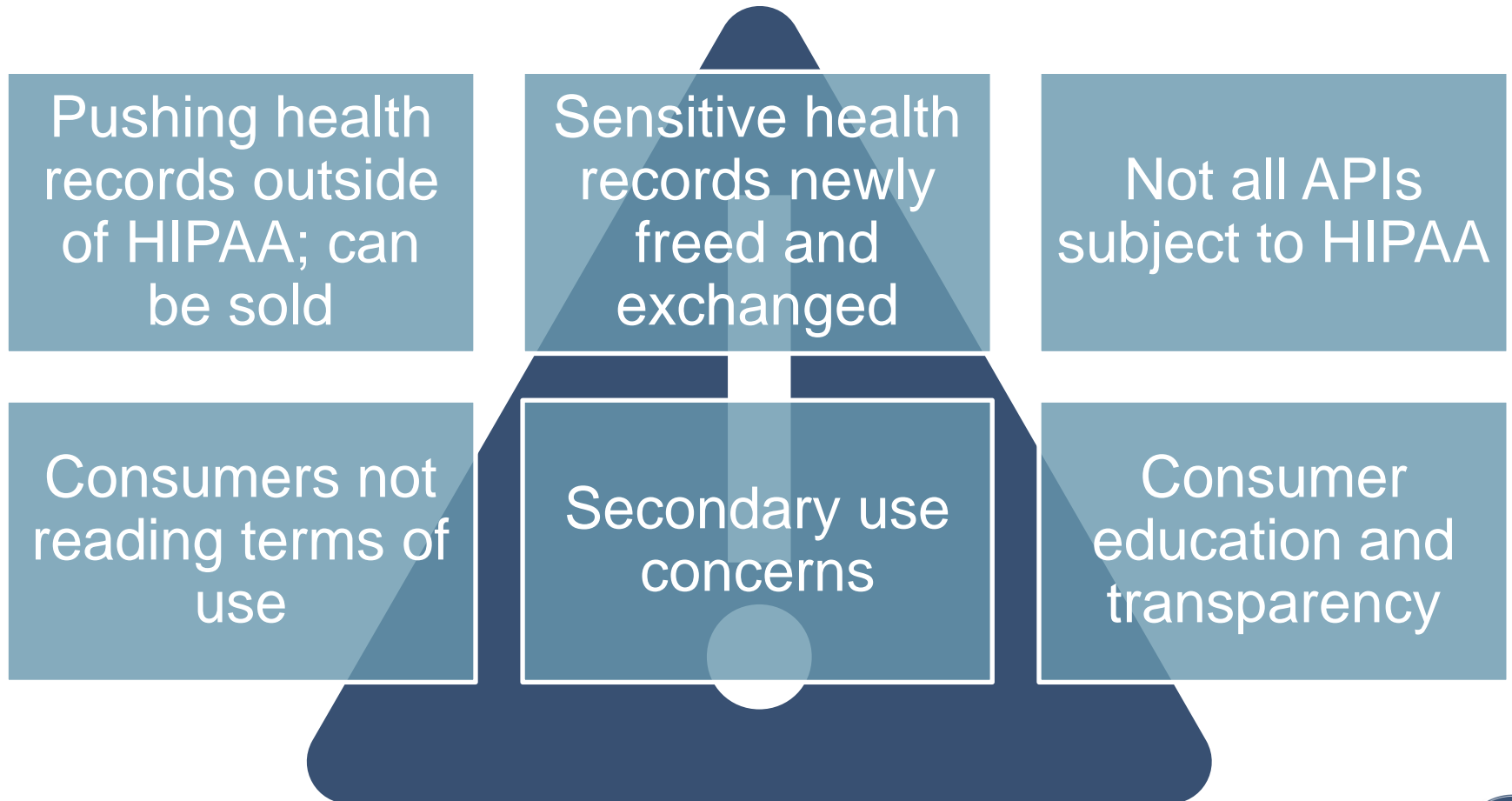
## New Functions Needed

- Understand USCDI, is it captured in EHR?
- Understand EHR privacy features
- Identify gaps in how to provide EHI electronically

# Information Blocking Policy

- ✓ Policy should outline how you share information with patients/ caregivers both self-serve, i.e., patient portal and by request.
- ✓ Policy should delineate what (if any) information you protect, how, and why, including jurisdictional mandates, i.e., minors.
- ✓ Policy should list any identified gaps in your ability to meet 21st Century Cures Act requirements and your plans to close them, including assigning ownership and deliverables with dates.
- ✓ Policy should outline your health centers policy for monitoring your compliance with the 21st Century Cures Act.
- ✓ Policy should delineate your health center's policy and procedures for handling any complaints about information blocking.
- ✓ Policy should be reviewed and updated to maintain compliance.

# Privacy Concerns



# Resources

- ONC Information Blocking FAQs: <https://www.healthit.gov/curesrule/resources/information-blocking-faqs>
- ONC Cures Act Final Rule: [www.healthit.gov/curesrule](http://www.healthit.gov/curesrule)
- AMA Information Blocking Overview: <https://www.ama-assn.org/system/files/2021-01/information-blocking-part-1.pdf>
- USCDIv1 details/updates: [https://www.healthit.gov/isa/sites/isa/files/2020-10/USCDI-Version-1-July-2020-Errata-Final\\_0.pdf](https://www.healthit.gov/isa/sites/isa/files/2020-10/USCDI-Version-1-July-2020-Errata-Final_0.pdf)
- Information Blocking Exceptions Cheat Sheet from CHIME (College for Information Management Executives): [https://chimecentral.org/wp-content/uploads/2020/06/061420\\_CHIME-Information-Blocking-Cheat-Sheet-FINAL-RULE1-1.pdf](https://chimecentral.org/wp-content/uploads/2020/06/061420_CHIME-Information-Blocking-Cheat-Sheet-FINAL-RULE1-1.pdf)



Please let me know how I can help.

**For assistance please contact:**

Susan Clarke

[sclarke@mpqhf.org](mailto:sclarke@mpqhf.org) | (307) 248-8179

**THANKS FOR YOUR  
VALUABLE TIME TODAY!**



# Questions

